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TŪ MĀĪA

DARING OUR OWN | GROWING OUR OWN | BACKING OUR OWN

COACHING OBJECTIVES

- Help each individual understand their talents and build understanding and knowledge of their inherent strengths to enable people to leverage their strengths in a generative way.

COACHING TOOL: CLIFTONSTRENGTHS

The CliftonStrengths assessment helps identify the areas where individuals have the greatest potential for building strength.

- Individuals complete an online assesment that measures recurring patterns of thought, feeling, and behaviour.
- Participants receive the results of their Top 5 signature themes together with a description of each theme in a report.
- Knowing this information is the starting point. Coaching helps make the strengths more generative and sustainable.

DELIVERY TEAM



Janyne Dottie Morrison

Accredited CliftonStrengths Coach –
Top 5, Partner and Team
MMgt – Human Resources
Credentialing for ACC - ICF



Cazna Luke

Accredited CliftonStrengths Coach –
Top 5, Partner and Team
ICF – Accredited Coach

COACHING OFFERINGS - CLIFTONSTRENGTHS INDIVIDUAL*

Awareness, Application, Achievement

INDIVIDUAL OPTION 1

1 X 90 minute
session

CliftonStrengths assessment 45 minutes online + a 90 minute individual coach session

CliftonStrengths is designed to be a practical tool for individuals, we believe the coaching element is the most important as it helps to embed understanding and increase the impact of learning your Top 5 Signature Themes.

INDIVIDUAL OPTION 2

2 X 90 minute
sessions

A deeper dive – double session

- Two 90 minute individual sessions within a two month period.
- Coaching assignments between sessions (readings, exercises to embed learning)
- On going mail and phone support between sessions

INDIVIDUAL OPTION 3

6 X One hour sessions
**Dedicated Individual Coaching
Programme Sessions**

A dedicated coaching programme to help individuals develop a strategy for how to apply their strengths for personal performance improvement.

- A series of six coaching sessions over a six month period
- Each session is one hour
- Coaching assignments between sessions (readings, exercises to embed learning)
- On going mail and phone support between sessions

* Via Teams/Zoom/Face to face

COACHING OFFERINGS - CLIFTONSTRENGTHS GROUPS*

Connection, Communication, Collaboration

GROUP WORKSHOP

90 minutes

Introduction to CliftonStrengths Workshop

- A customised 90-minute team session to explore an understanding of how each individual's strengths can contribute to the team they work in.

This workshop is for those who are not yet sure they want coaching but they would like to begin the process of investigating this tool or for a team that cannot invest in individual coaching for each team member.

TEAM SESSION

3 hours

This workshop helps teams leverage their talents toward achieving team performance goals and building the connection with each other.

- A customised 3 hour session which explores an understanding of how each individual's strengths can contribute to the team they work in.
- Helps teams understand the collective strengths of the team
- Helps identify strength based partnerships
- Apply strengths based development
- Build understanding and encourage collaboration

* In person